Wanna

No special materials are required. Any paper and just a pen or pencil can get it down. The important thing is that you are spending time in The Word.

First, find a verse to work with. You can start a variety of ways:

- with a phrase from a song or sermon
- a Bible verse that you come across in a study or in daily life
- by looking up a topic
- random page flop, let the Spirit lead you to a page in the Bible

Once you have the verse you wish to use, think about what you want to write, and pray about it.

You can create a prayer or plea from a passage, write the same verse from another translation, or simply write the part of a passage that stands out to you.

Finally, elaborate or embellish the verse. This does not mean that you have to draw anything or that you need to use paint, but both of those are options. You can use stamps and stickers, among other things. Just spending time to create a second outline around text or to carefully color around a word provides a quiet time to listen because it can be just enough distraction to keep one's mind from wandering but directs attention to the passage or prayer on the page.